



# CPUH MONTHLY E-NEWSLETTER

November 2022, 7 (11), 01-09

(A Monthly E-Newsletter of Career Point University, Hamirpur)



## In This Issue

**Awareness Camp Organized by L.N. Malviya Infra Executive Officers at Career Point University Hamirpur** 01

**Three-Day Workshop on Liberal Arts, Communication Skill and Responsiveness Development** 02

**Power Lifting Championship** 03

**National Cancer Awareness Day Celebrated by Book and Literary Club** 03

**The Researchers of CPUH Participated in the National Conference** 04

**A Seminar on Women's Hygiene and Reproductive Health** 04

**One Week Pharmaceutical Industry Skill Training Program** 05

**MoU Signed by Career Point University, Hamirpur with Morarji Desai National Institute of Yoga, Ministry of AYUSH, Government of India** 06

**One Day Awareness Program on AIDS/HIV was Organized by Red Ribbon Club** 07

**Four Students of Bharat Scouts and Guides Selected for State Level Republic Day Parade 2023** 07



**Awareness Camp Organized by L. N. Malviya Infra Executive Officers at Career Point University Hamirpur**

On 3<sup>rd</sup> Nov. 2022, Career Point University L. N. Awareness was created by the executive officers of MalniaInfa Project NHAI Hamirpur. In this camp, Dr. Surendra Upadhyay, Sourabh Beer, Raj Kishor, Mansoor Ali and Dr. Ankush ji went around and guided the students. At the same time, the views of the students of the district were expressed and a new honor was assessed. Providing Engineering Consultancy Services to L.N. Malviya Infra Projects is rendering its services in the development. L.N. Malviya Infra Projects comprises of a well qualified and experienced team of engineers and technicians. This is what NHAI has done with its many projects for the construction of highways across the country. In this program Dean Prof. HR Sharma and Dean Engineering Prof. MR Sharma were also present and expressed their gratitude to Executive Officers.



### **Three-Day Workshop on Liberal Arts, Communication Skill and Responsiveness Development**

From 3<sup>rd</sup> Nov. 2022 to 5<sup>th</sup> Nov. 2022, School of Management and Liberal Arts Division of Language Journalism, Career Point University, Himachal Pradesh organized a three-day workshop on Liberal Arts, Communication Skill and Responsiveness Development. In this, Prof. Mehta, who has previously held the post of Deputy Director Research, Prasar Bharati. He gave tips to the students on communication skills and personality development. Addressing the students, he said that if you want to make a successful career, then it is very important to have better communication skills inside you. Because with communication skills, you can take your warrior to a higher level. He talked with the students on student behavior academic issue and environment related issue like suicide, drug abuse and academics the main objective of the session is to help the students for a healthy and better future. He also told through power point presentation that how students can improve their thinking skills. Professor Mehta Also shared his thoughts with Incubatee of university and told how he can take his startup to the world label. Coordinator of the program Assistant Professor, Ms Poonam Devi thanked Professor J K Mehta, Dean of Management Professor (Dr.) Sanjay Thakur, Head of Department Dr. Saurabh Kumar and the students.

### **Campus Placement at Career Point University Hamirpur**

On 5<sup>th</sup> Nov. 2022, Hotel Management students of Career Point University, Himachal Pradesh got selected in the four star Royal Orchid Hotel. Dr. Saurabh Kumar, Associate Dean from Training and Placement and Placement Officer Vinod Kumar told that Nalin Kumar Panth (Manager Operation) and Anant Chauhan (Human Resource Manager) from Royal Orchid Hotel Limited had come to the university campus for the placement interview. 20 students of the department participated in this drive. In which 15 students have been selected in 2 different hotels of the company in Delhi, Bangalore, Goa, Mumbai or Gujarat etc. One student has been selected for Management Training and one has been selected as Head Operational Trainee. Along with education, the university is emerging as a leader in providing placements to the students in good companies. The head of the department told that after getting selected in such a place, the students of university made proud. On the achievement, the university administration wished the selected students a bright future and also instructed the promotion officers to organize such events continuously.



### **Power Lifting Championship**

On 9<sup>th</sup> Nov. 2022, Power Lifting Championship was organized by the Media and Communication Club of Career Point University, Hamirpur, Himachal Pradesh. Apart from the students of the university, students from outside also participated in the Dev Press/Deadlift event. Giving information about this, Club's President Sonu Kumar said that in this competition girls participated in power lifting. Dr. Sanjay Thakur, the Registrar of the university, was the chief guest and Dean Student Welfare Dr. Naveen Thakur was present as a special guest in this competition. The chief guest in his address encouraged the youth to stay away from drugs and participate in sports activities. He said that Khelo is the biggest event related to fitness and health. Those participants from 45 kg category to 93 kg category participated in the competition. The participants did bench press 165 in three rounds and pulled up to 395 kg in 240. Mr Siddharth, the winner of this competition of Hamirpur has won gold medal in Paralifting Championship earlier also. At the end of the competition, Dean Student welfare Naveen Thakur honored the participants by giving them certificates. This competition was organized under the supervision of Assistant Professor Amit Kumar.



### **National Cancer Awareness Day Celebrated by Book and Literary Club of Career Point University**

On 07<sup>th</sup> Nov. 2022, National Cancer Awareness Day was celebrated by the Book and Literary Club of Career Point University, Himachal Pradesh. Dean Student Welfare Prof. Naveen Thakur was also graced the occasion as the chief guest.. He said in his address that cancer is a deadly disease which is spreading rapidly in western countries as well as in our country. Indian food is said to be healthier than the food of western countries. Apart from this, he also advised not to consume alcohol, tobacco, gutkha etc. or emphasized on less use of excessive pesticides and chemical fertilizers. A collage competition was also organized by the Book and Literary Club on this day. In which 15 teams from different departments of the university participated. The theme of the competition was 'Cancer and Diabetes'. Teams made their presentation on this topic through posters in which Vipul and Tanupriya of B.Tech Computer Science got first, Vikas and Praveen of B.Com got second and Mohit Kumar and Shalini of M.Sc Microbiology got third place. Certificates were distributed to the students by the chief guest. This workshop was organized by Book and Literary Club Coordinator Dr. Privanka Kaushal, Dr. Shikha Chandel and Assistant Librarian Suresh Guleria.



### **The Researchers of Career Point University Participated in the National Conference**

On 16<sup>th</sup> Nov. 2023, Indian Society of Analytical Scientists, Delhi Chapter organized a two-day national conference at Central University, Dharamshala, Himachal Pradesh. Research scholars from Career Point University also participated in this national conference. More than 300 participants from various institutions participated in the conference. Researchers from CPU's School of Basic and Applied Science presented their research papers through oral and poster. Poster presented by Savita Soni on Layered Double Hydroxide which will be used for recycling which will work to recycle plastics in future. Shilpa Thakur made a presentation on Nickel Oxide Nano which will be used in future to pass polluted impurities in water and Ravi Kumar made a poster presentation on Nano composite which will be used in future for drug delivery.



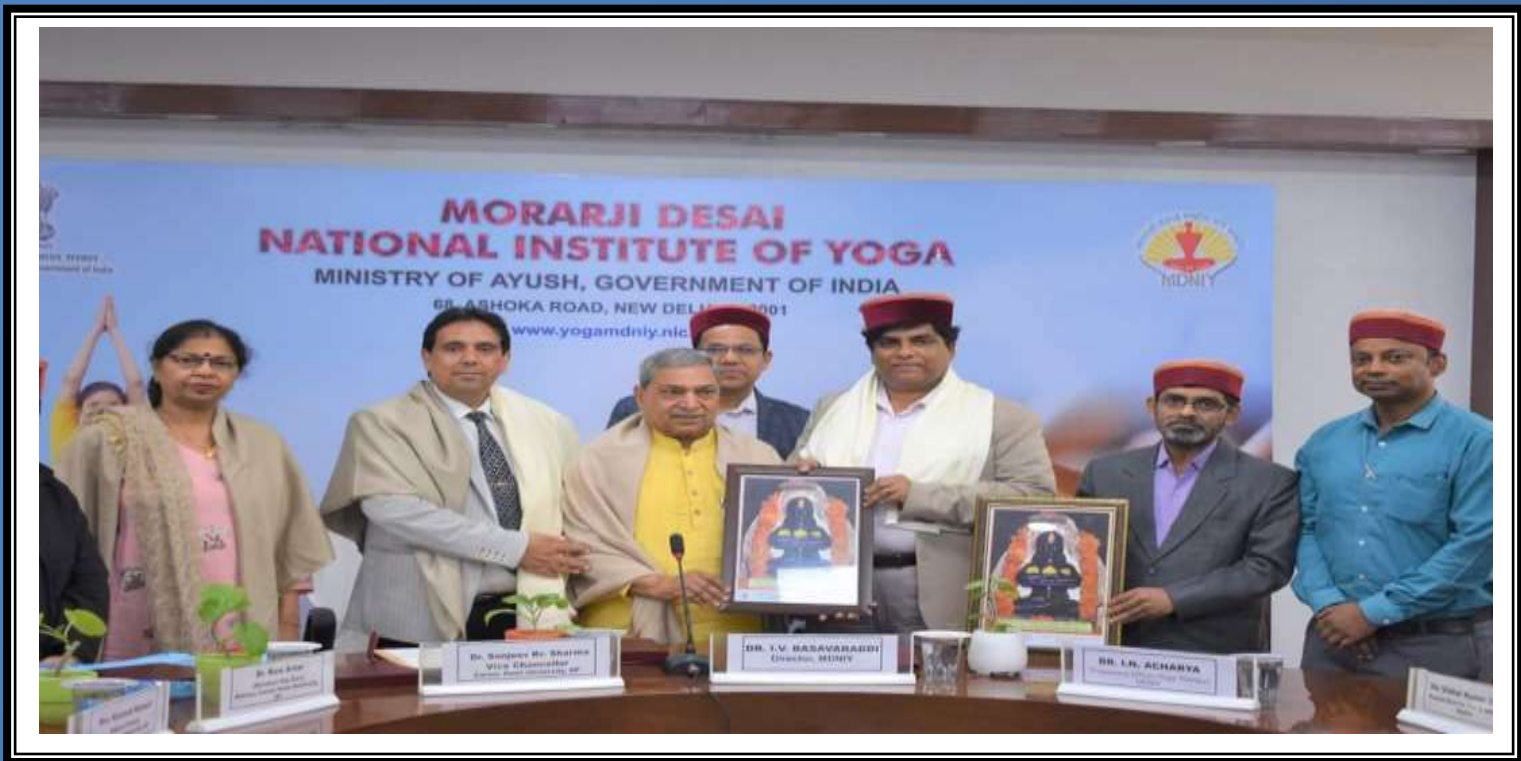
### **A Seminar on Women's Hygiene and Reproductive Health**

On 22<sup>nd</sup> Nov. 2022, a seminar on the topic of Women's Hygiene and Reproductive Health was organized by the Women's Empowerment Cell at Career Point University. The main speaker of the program was Dr. Priyanka Vashisht, Medical Officer, CHC. Anjana Thakur, chairman of Boranj and Himalayan Mahila Awam Jan Kalyan Sanstha, was present as the chief guest. Who explained in detail about the diseases related to women's reproductive health and the problems related to them. She also explained how women can avoid reproductive health related diseases by using various feminine hygiene products properly. Along with this, he also advised to have a balanced diet and do yoga or exercise. Women employees and students of the university participated in this seminar. The program was organized under the supervision of Dr. Indu Sharma, Dr. Bindu Sharma and Dr. Selia.



### **One Week Pharmaceutical Industry Skill Training Program**

In the month of Nov. 2022, the one week Pharmaceutical Industry Skill Training Program was organized by the Department of Chemistry, Career Point University, Himachal Pradesh. Dr. Gulshan Kumar, Dr. Neha Kondal, Suchi Sharma, Dr. Sukhwinder Dhiman and Dr. Deepika Sharma participated in this program as keynote speakers. UG/PG students, researchers and students researchers from other universities participated in this workshop. In this seven-day workshop, the chief guests expressed their views related to their respective fields and Gulshan told the students on the topic (Introduction to Computational Chemistry and Applications). He discussed about the advantages and disadvantages of computational chemistry, on this he further explained that computational chemistry pharma sector compositional analysis and analysis method, he discussed about the advantages and disadvantages of computational chemistry, what does computational chemistry calculate or what Useful shed some light on this. Dr. Neha Kodal, Assistant Professor, Department of Physics, Chandigarh University delivered a talk on Synthesis of new materials using X-ray diffraction spectroscopy. He explained about X-ray diffraction spectroscopy like phase analysis, parameters and various properties. Sudhi Sharma (Career Point University) gave her views on Synthesis of Shear Thickening Fluid how to use Shear Thickening Fluid and explained the project related to Synthesis of Bullet Proof Material Dr. Sukhwinder Dhiman from Guru Nanak Dev University Amritsar on nitroaromatic compounds, Explained about different types by picic acid. Told on Pharmaceutical Dosage Form by Dr. Deepika Sharma Assistant Professor Department of Pharmaceutical Sciences School of Health Sciences and Technology Dehradun. He explained about the different physical forms of dosage form, oral powder and different types of liquid dosage form. Under this programme, the students were also made to visit the Govind Ballabh Pant National Institute of Himalayan Environment at Mohal in Kullu district. There, Director RK Singh made a presentation on Water Resources and Hydropower Projects, Spring road Management, Socio-Economic Development, Environmental Pollution and Air Quality, Jai Diversity Assessment, Evaluation, Conservation, Climate Change, Entrepreneurship Development, Swachh Bharat Abhiyan, Rural Development through Low-cost Rural Technologies, etc. This workshop was organized by Dr. Rahul and Dr. Asha. Prof. (Dr.) Yogesh Kumar Walia , Head of the Department of Chemistry thanked the main speakers of the workshop, the students and all the promoters.



### **MoU Signed by Career Point University, Hamirpur with Morarji Desai National Institute of Yoga, Ministry of AYUSH, Government of India**

On 19<sup>th</sup> Nov. 2022, an MoU has been signed between Morarji Desai National Institute of Yoga and Career Point University. It is the only National Institute of Yoga under the Ministry of AYUSH, Government of India. This institute promotes planning training promotion of yoga education training therapy and research in all its aspects. Morarji Desai National Institute of Yoga has been established in collaboration with WHO in April 2013, with the objective of promoting rational use of yoga at national and international level, organizing training programs on health benefits, etc. Through Yoga, this institute offers UG Dipsoma Foundation and Certification in various domains in the art of Yoga. The institute endeavors to provide quality in PG diploma foundation and in various fields of yoga arts like pranayama meditation etc. Under which promoting mutual cooperation in the field of academic and research, promotion of diploma and skill development, yoga science and creating a strong academic base. This MoU was signed between Dr. Ishwar Basavaradi, Director, Morarji Desai National Institute of Yoga, the Honorable Vice-Chancellor of Career Point University, Dr. Sanjeev Sharma and I.N. Income (Executive Officer Youth & Technology) Vishal Kumar Singh Co-Director Ratayab Alam Communication & Documentation Officer Dr Vandna Singh Assistant Professor, Dr. Ram Avtar Government Yoga Guru Consultant Career Point University, Kuntesh Kumari Adjunct faculty Career Point university. And academicians and scientists of both the institutes were specially present. To take research activities to the highest level, Career Point University has already entered into MoU with Government of India, State Government and other institutions. Morarji Desai National Institute of Yoga and Career Point University will jointly organize a seminar and workshop from 2 to 4 December 2022. In which information will be provided by experts on how to develop proper health with yoga. Along with this, the Director of Morarji Desai National Institute of Yoga will also inaugurate Advance Yoga Center in CPU. In this seminar, on one day the students, professors and employees of the university will be given information about yoga and on the second day the local people will be given information about the schemes related to yoga being run by the government and the employment they get through yoga.



### **One Day Awareness Program on AIDS/HIV was Organized by Red Ribbon Club**

On 23<sup>rd</sup> Nov. 2022, One day awareness program on AIDS/HIV was organized by CMO office Hamirpur. District AIDS Program Officer Dr. Sunil Verma was present in this awareness camp. Three students from Red Ribbon Club of Career Point University including Mohit, Shalini, Shikha and Assistant Professor Prem Lata participated in the awareness camp. Nodal Officer Sunil Verma presented his views on AIDS and HIV in the programme. In which he told that people all over the world have many misconceptions about AIDS, these misconceptions are not only limited to the illiterate public, but educated people around the world also believe various lies about AIDS, as a result of which AIDS sufferers suffer. People are unfairly discriminated against AIDS cure is yet to be discovered but with the increasing progress in healthcare it is now possible all over the world that with good medical treatment the patient can live a long and healthy life. People have many misconceptions about it, which can be avoided by having the right information from many problems like mosquito bites, food, clothes, dealing with each other, coughing, sneezing, kissing, sweating. And this disease does not spread through feces and urine, this disease is the main reason for its spread due to unprotected sex or repeated use of needles.



### **Four Students of Bharat Scouts and Guides Selected for State Level Republic Day Parade 2023**

On 25<sup>th</sup> Nov. 2022, Mr Kundan Lal, Coordinator of Bharat Scouts and Guides of Career Point University, Hamirpur, said that four students have been selected for the state level Republic Day Parade 2023. Among the selected students are Tamanna Sharma, Priyanshu, Shubham Modgil and Mohit Kumar. Five Rovers and two Rangers from Career Point University had gone to State Training Centre, Rewalsar, District Mandi, Himachal Pradesh to participate in the camp. Rovers and Rangers selected in this will get an opportunity to participate in the state level Republic Day 2023 (26 January 2023) parade.



### **The Student of the Department of Botany Got the Research Project under the Chief Minister's Startup Project Scheme of Himachal Pradesh Government**

On 4<sup>th</sup> Nov. 2022, the Department of Botany of Career Point University has got a research project under the Chief Minister Startup Project Scheme of the Government of Himachal Pradesh and the Industry Department has allotted the project in the Pioneer Incubator of Career Point University. Under this, it is developing the technology to use weeds. Farmers are using weeds such as carrot grass, Bermuda cannabis to make soap. Parthenium also known as carrot grass. It is flourishing very fast in India and spoiling the crops. Along with this, pollution is also increasing in the environment. In this project, Manisha Sharma will act as the project face and Dr. Aarti Sharma will act as the Mentor of the Botany department



### **Vaishali Verma the Student of Law, Career Point University has Qualified JRF**

On 28<sup>th</sup> Nov. 2022, Vaishali Verma, a student of the Department of Law, has cracked the UGC NET JRF exam which was conducted by NTA. She has achieved success by passing it. National Testing Agency (NTA) conducts many types of entrance exams every year. After passing this examination, the student is eligible for further education in any university and college across India. Apart from this she can go for Ph.D from any reputed institute and university with scholarship.



### **Under the Chief Minister's Startup Project Scheme of Himachal Pradesh Government, the Student of the Department of Botany Got the Research Project**

On 30<sup>th</sup> Nov. 2022, Aanchal Thakur, a student of the Department of Botany, Career Point University, has received a research project under the Chief Minister's Startup Project Scheme of the Government of Himachal Pradesh. This is a project organized by the Industry Department in Pioneer Incubator of Career Point University. Under this, it will prepare herbal dishwasher cleaner gels prepared from apple and lemon residues and their juices. It will be prepared without chemical. Which will help in reducing the problem of skin diseases in the housewives and which will be used as water for utensils and will work as fertilizer for plants. In this project, Aanchal Thakur will work as Project Fellow and Dr. Gulshan Sharma will work as Botany Department Mentor



## Editorial Board



*First row: Ms Pooja Sandhu, Ms Navya Sharma and Mr Rajat Kumar (BA Hons English 5<sup>th</sup> Sem.)*



*Second row: Dr Priyanka Kaushal (AP English) and Dr. Sushil Chauhan (AP Management )*



### CPUH MONTHLY E-NEWSLETTER

(An Official e-Newsletter of Career Point University, Tikker (Kharwarian), Bhoranj, Hamirpur, H.P.) Tel : 01972-269701, 96253-80006/07, e-mail : [hp@cpuniverse.in](mailto:hp@cpuniverse.in)  
Web. : [www.cpuh.in](http://www.cpuh.in)