



# CPUH MONTHLY E-NEWSLETTER

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## Workshop on Narcotics

On 5<sup>th</sup> May 2023, Dr. Akriti Sharma, SP Hamirpur stated that youth should focus more on their careers. A one-day awareness workshop on narcotics was organized at Career Point University. Dr. Akriti Sharma from Hamirpur attended the event as the chief guest. She first introduced herself, mentioning that she was inspired by her father, who was a police officer. After completing her MBBS from Tanda Medical College in 2010, she continuously made efforts for four years to clear the UPSC exam, which she eventually succeeded in. She was appointed as an SP in Hamirpur during her probationary period. The chief guest stated in her speech that education is an important tool that is highly beneficial in everyone's life. Education sets us apart from other living beings on Earth. It makes humans the most intelligent beings on the planet. It empowers individuals and prepares them to face life's challenges with education, we cannot achieve anything significant. Nowadays, earning a livelihood is a necessity for everyone, and being educated is crucial for that. The current generation cannot prosper without education. Education creates opportunities for employment. It is the process of acquiring knowledge and skills, which can be formal or informal. Formal education takes place in schools, while informal education happens outside of schools, such as through family members, friends, or the media. Education is a continuous social process in any society that fosters the development of innate abilities, knowledge, and skills, bring about a change in behavior and shaping individuals into civilized and capable citizens. In today's time, substance abuse has become a major challenge. A significant proportion of the youth is falling into its trap. People are ruining their lives by consuming drugs like cocaine, heroin, opium, and marijuana (alcohol, whiskey, rum, beer, brown sugar, hashish, bhang). These substances provide a temporary sense of pleasure, but as soon as the effect wears off, the individual desires to take them again. Within a few days, they addicted to these substances.

Drugs and intoxicating pills are being smuggled and sold in schools and colleges, which is destroying the future of the youth. Once addicted, people find it difficult to quit even if they want to.

Along with this, Dr. Akriti Sharma raised awareness about women's rights and emphasized that women should exercise their rights. In many parts of society, women are not given their rightful rights and are considered inferior to men. Women empowerment is essential to eliminate injustice, gender bias, and inequality. Without empowering women, we cannot eradicate these evils. Women need the freedom to develop their own identity; it is their inherent right. Women also need to change their preconceptions that they are weak and can be exploited by someone else. Instead, they need to realize that they possess more power than men and can outperform them. Gender discrimination brings cultural, social, economic, and educational disparities that hold the country back. Empowering women is the most effective way to ensure the realization of the equality rights mentioned in India's constitution and to eliminate these social evils. Gender equality is not only important for women but also for the overall progress and development of the nation.

It is essential for women to be strong physically, mentally, and socially. Since the foundation of a better education can be laid in childhood at home, a healthy family is necessary for the upliftment of women, which is crucial for the holistic development of the nation. In this workshop, the Honorable Pro - Chancellor of the University Prof. P.L. Gautam, the Honorable Vice Chancellor Dr. Sanjeev Sharma, Dean Academic Affairs Prof. H.R. Sharma, Dean of Engineering Prof. M.R. Sharma, Registrar Prof. Sanjay Thakur, and Dean of Student Welfare Prof. Naveen Thakur were also present.



## Dr. Ram Avatar Meeting with Central Minister of AYUSH

On 6<sup>th</sup> May 2023, Dr. Ram Avatar Professor of Ayurveda, Yoga, and Naturopathy, Career Point University held a meeting with the Central Minister of AYUSH, Shri Sarbananda Sonowal, to discuss promoting Ayurveda, Naturopathy, and Yoga. They also discussed the publication of a book titled *Indian Cultural Science (Cultured Offspring-Exemplary Human)* and the subject of Indian Cultural Science to be introduced under the Department of Ayurveda, Naturopathy, and Yoga and the establishment of a CPYAS (Center for Promotion of Yoga and Ayurveda Studies) in the university. The new education policy has provisions for teaching yoga, Ayurveda, and naturopathy to students. Recently, the Department of Ayurveda has developed six medicines, including remedies for gastrointestinal disorders, arthritis, skincare, weight management, diabetes, and bone health. The university is actively collaborating with the Ministry of AYUSH, World Yoga Federation, Prem Sukh International Charitable Trust, and several other organizations to promote yoga. The university has been working on yoga and traditional medical systems for the past year and plans to expand its efforts by partnering with various yoga institutions in the coming years. Last year, students from the Department of Ayurveda, Naturopathy, and Yoga participated in 100-days countdown program for the 9<sup>th</sup> International Yoga Day in Delhi. Previously, in collaboration with partner institutions, the university set a Guinness World Record by conducting yoga sessions for 7.5 million people on International Yoga Day. There are plenty of opportunities for government jobs in the field of Ayurveda and yoga sciences, leading to increased enrollment in B.Sc. Yoga, M.Sc. Yoga, B. Pharmacy Ayurveda, and D. Pharmacy Ayurveda courses.

## Our Student Honored with the Excellence and Gold Medal

On 8<sup>th</sup> May 2023, Ashish Jaiswal, a researcher at Career Point University has been honored with the Excellence Award and Leading Educator Award in the field of science, along with a Gold Medal. The program chairman, RajnishVahi, presented him with a certificate, the Excellence Award, the Leading Educator Award, two Gold Medals, a memento, and a testimonial at the Earth Development and National Unity Seminar organized by the Friendship Forum in New Delhi. This recognition has been given for his outstanding work in the field of science. Ashish Jaiswal and his team are conducting research on devices for detecting lung cancer, smart agriculture distribution systems for agricultural laborers, water purification devices with Vacteria-treated wastewater, and the resurrection sapling. By receiving this honor, the researcher has brought glory to the university. Head of Department and university administration have congratulated him on this achievement and extended their best wishes.



## Grant a Patent on Lance Biosensor

On 27<sup>th</sup> May 2023, Mr Ashish Jaiswal, a Research Scholar in the Microbiology Department of Career Point University had published the patent for the Lance Biosensor, which helps in identifying lung cancer. Now, this patent has been granted by the Indian Patent Office, Government of India. This achievement is the result of the collaborative efforts of researcher Ashish Jaiswal and his team. Prior to this, Ashish Jaiswal has received several awards and accolades. By attaining this success, the researcher has once again brought fame to the university. The Department Head and the administration of the university congratulated him on this accomplishment.

## Technology Enabling Center (TEC)

On 9<sup>th</sup> May, Technology Enabling Center (TEC) has been established with at Career Point University. Its objective is to provide a platform for research, networking with industry, other institutions, national laboratories, etc., for technological development and other stakeholders, and to develop advanced research and laboratory facilities for research and technology in the university. It aims to enable the commercialization of products and create valuable intellectual capital for students, teachers, and stakeholders through incubators, MSMEs, and market support. The Technology Enabling Center (TEC) aims to extract and enhance technologies developed in various laboratories/institutions and commercialize them as ready-to-use products. Career Point University in Himachal Pradesh is the first university in the entire state to have this center. Career Point University is emerging as a leader in research and innovation in the field of science and technology in Himachal Pradesh. The university has been actively working on research and innovation for the development of social humanity.



### *The Bhagavad Gita Shloka Recitation Competition*

On 9<sup>th</sup> May 2023, Book and Literary Club, Career Point University, Himachal Pradesh organized *the Bhagavad Gita Shloka Recitation Competition*. On this occasion, Dr. M.R. Sharma, Dean of Engineering, and Technology was present as the chief guest. He gave his opinions on the *Lord Krishna* 's words that it is essential for every human being to understand the cycle of birth and death. *The Gita* teaches every individual should have faith in action because this world is the realm of *karma*. You have control over your actions, not the results. Therefore, focus on your actions. According to *The Bhagavad Gita*, every person should engage in self-reflection through self-knowledge to understand their virtues and vices. Our life is governed by the principles of *karma*. Ms Shweta Sharma from M. Sc Zoology 2nd Sem. secured 1<sup>st</sup> position, Mr Akshit Kumar from BALLB 4<sup>th</sup> Sem. secured 2<sup>nd</sup> position and Mr Nikhil Prashar from M.Sc Zoology 2<sup>nd</sup> Sem. secured 3<sup>rd</sup> position in the competition. *The Bhagavad Gita* Books and certificates awarded to the winners, participants and the students coordinators. Dr Priyanka Kaushal (Coordinator, Book and Literary Club, Career Point University Hamirpur) thanked Prof. Sanjay Thakur (The Registrar, CPUH), the Chief Guest Prof. M.R. Sharma (Dean Engineering and Technology, CPUH), Prof. Naveen Thakur (Dean Students Welfare, CPUH), Dr. Anupam Manhas (Dean of Legal Studies and Governance, CPUH), Dr. Gulshan Kumar (Associate Directorate of Community Services, CPUH), Dr Shikha Kumari (Faculty Coordinator, Book and Literary Club CPUH), Poonam Devi (Assistant Professor, English), Suresh Guleria (Supporting Coordinator, Book and Literary Club CPUH), Students Coordinators and the participants to made this event successful.

## Competitions Organized by Clubs

On 15<sup>th</sup> May 2023, the competitions on Fine Arts, Music and Dance have been organized in collaboration with Fine Arts Club and Music & Dance Club. The competitions included events related to environmental conservation, human welfare, music, and dance. Students from all departments of the university participated in these competitions. It was highlighted with how our ancestors were more concerned about environmental conservation than we are today. As youths, it is our responsibility to make similar efforts for environmental protection. Many parts of the world are facing different crises. Children in many impoverished countries are subjected to abuse. People are willing to do both good and bad deeds for their own interests. Issues such as human trafficking, child exploitation and sexual abuse are prevalent worldwide. Dishonesty and deception are increasing in society, and various crimes are committed against women and children. We have examples like Mahatma Gandhi, Nobel Prize winner Kailash Satyarthi, Barack Obama, and Mother Teresa in front of us. All of them have made significant efforts to protect humanity.

The Music and Dance Club serves as a platform for students to enhance their musical and performance skills. Learning music requires instruments and skills. The objective of this competition was to provide an opportunity for students to showcase their skills and boost their self-confidence. In this competition, Shabnam from Microbiology secured the first position, and Manish Dhatwalia from B.Sc. (Computer Science) secured the second position. The competition was organized by Assistant Professor Dr. Manu Sharma, Assistant Professor Manju Bala, and Assistant Professor Prem Lata from the club.



## National Technology Day

On 16<sup>th</sup> May 2023, National Technology Day celebrated by Innovation Club, Career Point University, Himachal Pradesh. The program was graced by Prof. Dr. M.R. Sharma as the chief guest. Addressing the students, he emphasized the significant contribution of technology in making the country stronger. Technology or technology plays a vital role in the development of human life. From waking up in the morning to going to sleep, we are surrounded by various devices that are a gift of technology. Even for getting proper sleep, we need devices like fans, heaters, and mosquito killers in our bedrooms, which, in some way or the other, involve the use of technology on a small or large scale. In short, technology makes human life easier and for many people, it is an excellent career option. Technology and innovation are the reasons for the pride of a country, state, city, or generation. For example, the invention of the telephone was made by "Alexander Graham Bell," and everyone would want to know who he was, which country he belonged to, and what his life story was like. Along with this, a related competition was also organized, and the chief guest distributed certificates to the participants. The coordination of the club and the organization of these competitions were carried out by Assistant Professor Dr. Vijay Bhatia, members Dr. Rahul Sharma and Gaurav.



### **Cultural Bonanza 23**

On 18<sup>th</sup> May 2023, Career Point University organized the event 'Cultural Bonanza 23'. On this occasion, Prof. Naveen Thakur , (Dean of Student Welfare), Ms Shivali Rathore (Assistant Dean of Student Welfare) along with others inaugurated the program by lighting the ceremonial lamp in the auditorium. The entire university was illuminated with lights, and decorations such as light installations on trees, painted walls, and various embellishments enhanced the beauty of the university. Everyone was praising the beauty of the university. After a year of anticipation, there was a lot of excitement among the youth for the cultural festival. As soon as the tunes of film songs were played during the EDM Night, the students started dancing to the DJ's beats. The whole day was filled with the excitement of *Cultural Bonanza 23* at Career Point University. Students presented various programs during the day, and in the late evening, they danced heartily at the Celebrity Night. Students from different clubs of the university showcased their talents and competed with each other. The university looked like a bride, and selfies were the magic that was spread among the youth throughout the campus. Various cultural and entertaining programs were presented during this festival. In the cultural programs, students performed Gidha, Natti, Bhangra, Painting, Rangoli, Debate, Poetry recitation, Bollywood mashup, Group dance, Kullu Natti, Himachali fashion parade, and more.

### **Selection of Students in Satluj Jal Vidyut Nigam**

On 19<sup>th</sup> May 2023, Mr Rohit Kumar and Harsh Sagar from the Civil Engineering Department of Career Point University were selected as Apprentice Engineers in the prestigious Satluj Jal Vidyut SJVN Mini Ratna Company. This training opportunity will not only provide students with practical experience but also enhance their professional skills. The students will be exposed to modern engineering techniques during the training. The Civil Engineering students expressed their gratitude and thanks to the Dean of the Engineering Department, Prof. M.R. Sharma, the Department Head, Dr. Neeraj Kanwar, and the Placement Officer of the department, Er. Gaurav Kanago. Er. Gaurav mentioned that Career Point University students have previously received training in various multinational companies such as L&T, Godrej India Limited, and Government departments like NHAI, and many students have secured jobs in these multinational companies.

## Our Student Qualified in CSIR NET

On 20<sup>th</sup> May 2023, Ms Amisha Sharma, a student of Career Point University has secured the 68<sup>th</sup> rank nationwide in the CSIR NET examination. She has successfully cleared the CSIR UGC NET examination in 2022, securing the 68<sup>th</sup> rank across India. The Council of Scientific and Industrial Research (CSIR), which is an institution promoting research and knowledge-based development in the field of science and technology, conducts the national-level CSIR NET test twice a year for science graduate and postgraduate students. This test is conducted for Junior Research Fellowship (JRF) and Lectureship or Assistant Professor positions. The CSIR Junior Research Fellowship (JRF) is also known as CSIR JRF-GATE Fellowship, aiming to promote academic excellence in CSIR laboratories and establish significant standards in science. The university administration has congratulated Amisha Sharma for her success.



## A Virtual Campus Placement Drive

On 26<sup>th</sup> May 2023, Mr Vinod Kumar ( Placement Officer) informed that Axis Bank had visited Career Point University for student placements. Around 100 students from the university's MBA, M.Com, BBA, and B.Com programs participated in the drive. Based on the test conducted, 18 students were shortlisted, out of which 6 students were selected by the bank. Representatives from Axis Bank, the Dean of Placements, and Dr. Saurabh were also present during the drive. Among the 6 students selected, Atul Dhimman, Abhishek Thakur, Diksha Sharma, Dhruv Chandel, and Akshay Rana have been chosen for Axis Bank from the Management Department of Career Point University. All the faculty members in the Management Department congratulated the students and wished them a bright future. The Head of the Department, Dr Karan Thakur mentioned that Career Point University is focusing on excellent job opportunities along with education to its students.



## Our Student Qualified in Himachal Pradesh State Eligibility Test

On 31<sup>st</sup> May 2023, Mr Vijay Kamal, a student of Mathematics Department at Career Point University has excelled in the Himachal Pradesh State Eligibility Test (SET), which is conducted at the state level. SET stands for State Eligibility Test, and clearing this test makes a student eligible for the position of Assistant Professor in Himachal Pradesh. To appear for the HPPSET exam, candidates must have a post-graduate or master's degree with at least 55% marks from a recognized institute or university. Ms Raksha Chandel, Head of Mathematics Department told that besides providing education, they also prepare students for competitive exams. This enables students to clear exams such as SET/GATE/NET, etc. Vijay Kamal credits his success to his parents and the professors of the department.

## CPUH Joined 3 Zero Club

On 29<sup>th</sup> May 2023, the Honorable Vice-Chancellor of Career Point University Hamirpur, Dr. Sanjeev Sharma expressed great joy while announcing that the university will collaborate with Nobel Peace Prize Laureate Professor Muhammad Yunus in internationally and joined 3 Zero Club. Professor Yunus, the founder of Grameen Bank, has also introduced the concept of microcredit and microfinance. The Three Zero Club is an initiative led by Nobel Peace Prize winner Professor Muhammad Yunus that aims to create a world of zero carbon emissions, zero poverty through financial inclusion, and zero unemployment by fostering entrepreneurship. This initiative of setting up a global network of 3Zero Clubs is taken undertaken to make young people familiar with the goal of three zero world and ways to achieve this goal with the creative initiatives of young people.

Muhammad Yunus, born on June 28, 1940, is a social entrepreneur, banker, economist, and philanthropist who was awarded the Nobel Peace Prize in 2006 for his efforts in establishing Grameen Bank and advancing the concepts of microcredit and microfinance. The goal of this club is to make Professor Yunus's vision of the 3 Zero World a reality by achieving zero carbon emissions, zero poverty, and zero unemployment in all countries worldwide. Many developed and developing countries around the world are working in collaboration with this club. Career Point University, as the first university in North India, will contribute to fulfilling the objectives of the 3 Zero World. Dr. Aarti Sharma, the President of the 3 Zero Club at Career Point University, expressed gratitude to Professor Yunus and the 3 Zero Club for their valuable contributions.



## Placement of Students in Internationally Renowned Companies

On 30<sup>th</sup> May 2023, Training and Placement Cell informed that five students from the Pharmacy Department have been selected in internationally renowned companies with high packages. The selected students are Pallavi, Sahil Pathania, Akshay Kumar, Tani Dam, and Ayush Sharma. They have been selected in companies such as Cipla, Lotus Herbal Color Cosmetics, S.D. Biosensor Healthcare Private Limited, Purabian Lifestyle, and Intas Pharmaceuticals. The university has a placement cell that manages placement drives and provides placements to students in prestigious companies, government and non-government organizations, and the private sector. In addition to on-campus placements, off-campus placements are also conducted, where students directly apply to the companies they wish to join. All these students from the university have undergone off-campus placements. The faculty members of the Pharmacy Department have congratulated the students and wished them a bright future. Dr. Anjana Devi, Head of department told that Career Point University is focused on providing students with education as well as job opportunities.



## Editorial Board



*First row: Ms Pooja Sandhu, Ms Navya Sharma and Mr Rajat Kumar (BA Hons English 6<sup>th</sup> Sem.)*



*Second row: Dr Priyanka Kaushal (AP English), Ms Manju Bala (AP Computer Science & Engineering) and Ms Rutika (AP Pharmacy)*



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