



# ACTIVITY REPORT

## CAREER POINT UNIVERSITY HAMIRPUR

**NAME OF THE CLUB:** Health and Wellness Club

**COORDINATOR AND MEMBERS DETAILS:**

Sr. No.	Role in the club	Name of the faculty	Department	Contact No.	Remarks
1	Coordinator	Ms Kumari Shalini	Microbiology	8219492171	
2	Member	Ms Vishakha	Pharmacy	8351079001	
3	Member	Ms Monika	CSE	9816399030	

**STUDENT COORDINATORS DETAILS:**

Sr. No.	Role in the club	Name of the student	Department	Course and Semester	Contact No.	Remarks
1	President	Mr Ashish Kumar	Microbiology	Ph.D. and 4 <sup>th</sup> sem	9621876061	
2	Vice-President	Mr Munish Kumar	Microbiology	M.Sc. and 4 <sup>th</sup> sem	9816089784	
3	Vice-President	-	-	-	-	
4	General Secretary	Ms Prince	Pharmacy	B. Pharmacy and 4 <sup>th</sup> sem	9015149102	
5	Joint Secretary	M.Sc. Shivanshi Sharma	Pharmacy	B.Sc. Yoga Science and 2 <sup>nd</sup> sem	8629847445	
6	Joint Secretary	Ms Shivani	Pharmacy	B. Pharmacy and 2 <sup>nd</sup> sem	9857400570	
7	Joint Secretary	Ms Shabnam	Pharmacy	B. Pharmacy and 2 <sup>nd</sup> sem	9857400570	
8	Joint Secretary	-	-	-	-	

**NAME OF THE EVENT:** Skit competition

**VENUE:** Auditorium

**DATE OF THE EVENT:** 10/05/2023

**TIMINGS OF THE EVENT:** 11:00 am -2:00 pm

**NUMBER OF BENEFICIARIES:** 38

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### SUMMARY OF THE ACTIVITIES:

A skit competition was conducted to enhance the imagination skills, powers of creative expression and linguistic skills of the children. It was an inter-departmental activity. The students participated enthusiastically in the competition as they got an opportunity to showcase their talent in dramatization, linguistic skills and self-talent. The competition was greatly helpful and encouraging in boosting the self-confidence of the students.

**DETAILED ITENERARY OF THE EVENT:** On May 10th, 2023, the Health and Wellness Club organized a skit competition at the university aimed at promoting creativity and health. The event saw active participation from various departments and divisions of the university, with students showcasing their talent and creativity.

Dr. Naveen Thakur, Dean of Student Welfare, inaugurated the event with an inspiring speech, highlighting the importance of creativity in promoting health and wellness. The skit competition featured some outstanding performances from various departments, with students displaying their talent and creativity. The Division of Microbiology gave an exceptional performance and emerged as the winner of the competition. Their skit was not only informative but also captivating. The Department of Law secured the second position with their creative and engaging skit on the importance of health.

The Chief Guest of the event was Dr. Jyoti Thakur, Dean of Commerce and Management congratulated the winners and applauded the efforts of the Health and Wellness Club in promoting health and creativity among students. The event concluded with a vote of thanks by Ms Kumari Shalini, Coordinator, Health and Wellness Club, expressing their gratitude to all participants, judges, and guests who made the event a grand success.

### LIST OF THE PARTICIPANTS:

Sr. No.	Name of the participant	Department	Course	Semester	Remarks
1	Varsha	CSE	BCA	4 <sup>th</sup>	
2	Isha	CSE	BCA	2 <sup>nd</sup>	
3	Sahil	CSE	BCA	2 <sup>nd</sup>	
4	Diksha	CSE	BCA	2 <sup>nd</sup>	
5	Shubham	CSE	BCA	2 <sup>nd</sup>	
6	Akansha	CSE	BCA	2 <sup>nd</sup>	
7	Deepali	Law	BALLB	4 <sup>th</sup>	
8	Sakshi	Law	BALLB	4 <sup>th</sup>	
9	Saroj	Law	BALLB	8 <sup>th</sup>	
10	Venika	Law	BALLB	8 <sup>th</sup>	
11	Sahil	Law	BALLB	4 <sup>th</sup>	
12	Akshit	Law	BALLB	4 <sup>th</sup>	
13	Aryan	Law	BALLB	4 <sup>th</sup>	
14	Ishita	Law	BALLB	4 <sup>th</sup>	
15	Ritika	Law	BALLB	4 <sup>th</sup>	

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16	Palvi	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
17	Sakshi	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
18	Ankita	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
19	Anchal	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
20	Neha	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
21	Ishita	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
22	Nidhi	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
23	Shagun	Med. Micro.	M.Sc.	2 <sup>nd</sup>	
24	Mohit	Microbiology	M.Sc.	2 <sup>nd</sup>	
25	Shreya	Microbiology	M.Sc.	2 <sup>nd</sup>	
26	Kajal	Microbiology	M.Sc.	2 <sup>nd</sup>	
27	Khushi	Microbiology	M.Sc.	2 <sup>nd</sup>	
28	Sanmeer	Microbiology	M.Sc.	2 <sup>nd</sup>	
29	Ruchi	Microbiology	M.Sc.	2 <sup>nd</sup>	
30	Sapna	Microbiology	M.Sc.	2 <sup>nd</sup>	
31	Nirmal	Microbiology	M.Sc.	2 <sup>nd</sup>	
32	Aditi	Microbiology	M.Sc.	2 <sup>nd</sup>	
33	Kritika	Microbiology	M.Sc.	2 <sup>nd</sup>	
34	Swati	Microbiology	M.Sc.	2 <sup>nd</sup>	
35	Nikhil	Microbiology	M.Sc.	2 <sup>nd</sup>	
36	Shilpa Sharma	Microbiology	M.Sc.	2 <sup>nd</sup>	
37	Jyoti	Microbiology	M.Sc.	2 <sup>nd</sup>	

### DETAILS OF THE WINNERS:

Sr. No.	Position	Name of the student	Department	Course	Semester	Remarks
1	Winner	Mohit, Shreya, Kajal, Khushi, Sanmeer, Ruchi, Sapna, Nirmal, Aditi, Kritika, Swati, Nikhil, Shilpa Sharma, Jyoti	Microbiology	M.Sc.	2nd	
2	1 <sup>st</sup> Runner up	Deepali, Sakshi, Saroj, Venika, Sahil, Akshit, Aryan, Ishita, Ritika	Law	BALLB	4th	
3	2 <sup>nd</sup> Runner up	-	-	-	-	-

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### PICTURES OF THE EVENT:



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**NEWSPAPER CUTTINGS:**