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(57) Abstract :

The present invention relates to a novel Ayurvedic herbo-mineral formulation for the prevention, management, and treatment of heart disorders and cardiovascular diseases. The formulation comprises RasSindoor (mercuric sulfide compound), AbhrakBhasma (calcined mica– Biotite), Javitri (Myristicafragrans), Dalchini (Cinnamomumverum), Belgiri (Aeglemarmelos), SringBhasma (calcined deer horn), and GodantiBhasma (Calcium sulfatedihydrate), blended in specific proportions to provide a synergistic cardioprotective effect. The invention leverages the combined action of mineral and herbal components to strengthen the myocardium, regulate blood circulation, reduce oxidative stress, and improve lipid metabolism. RasSindoor and AbhrakBhasma act as rejuvenators and cardiac tonics; Javitri and Dalchini enhance circulation and provide antioxidant benefits; Belgiri balances metabolic functions; SringBhasma and GodantiBhasma supply essential minerals for myocardial function and cardiac stability. The formulation is standardized for quality, reproducibility, and safety, and can be administered as powder, capsule, or tablet. It provides a holistic, natural, and cost-effective alternative to synthetic cardiovascular drugs, addressing multiple cardiac conditions such as hypertension, arrhythmia, angina, atherosclerosis, and myocardial weakness.

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